



Shining a Light on Broadmead

Vol. 43, No. 2

Broadmead, Cockeysville, MD

October 2021

What can residents expect from the grounds team?

Text and photo by Kathleen Truelove

Horticulturist and Grounds Manager Linnette Kanitz sees her job as that of facilitator between residents and the Broadmead administration in matters of grounds and gardens. She has a degree in horticulture from Michigan State University, with a concentration in landscape design/construction build. She says she puts her heart into making people feel comfortable where they live. At present, the grounds crew consists of Linnette and Tom Staalesen, but a second assistant is being sought.

Linnette's advice to new garden home residents is that they walk around the campus and look at the various gardens to get ideas and to see what sorts of landscaping is done. A complimentary landscape consultation is available to new residents. Linnette listens to what the resident wants and may make additional suggestions.

Linnette supports landscape enhancement, but for a resident who is not interested in maintaining a garden, she can install a low maintenance landscape that makes things easier both for the resident and for the grounds crew.

If residents purchase perennials, shrubs, or trees, the grounds team will plant them. This is done by work order and is put in the queue with other projects, so some lead time is required.

Ongoing work done by the grounds team is fall and spring weeding and pruning, along with annual mulching. The emphasis is on the front areas; the back gardens are considered personal landscape spaces and are not a priority for Linnette's crew. Tom spends an hour a week in each cluster, weeding, trimming, and performing other needed tasks. The grounds crew also

supports trail maintenance, prepares the boxes in the garden plots, blows leaves as needed, unclogs gutters, and clears carport areas of leaf debris and trash. The crew also empties the trash cans, including the dog waste stations.

Brightview, the landscape contractor, mows and trims the grass, does leaf removal in late fall, and snow removal later in the season. They also maintain the stormwater management area. Maintenance of areas outside the Community Center and the parking lot islands is done jointly by Brightview and the Broadmead grounds crew. There are more than twenty acres of grass to be mowed and miles of trimming. One Brightview worker spends a whole day just trimming edges.

The ongoing construction has increased the amount of trash and the number of areas in need of maintenance. The plantings at the Hillside Homes, including the storm water management areas (rain gardens), are the responsibility of the landscape contractor for two years. After that time, they will become Broadmead's responsibility. Another main source of increased maintenance is the installation of new sidewalks that have to be kept clear of ice and snow.

Linnette requests that residents who need work done please not buttonhole her when they see her, but call Kirsten Staalesen in Maintenance and ask her to generate a work order. That puts the work in an orderly queue and ensures that it is not forgotten.



*Linnette Kanitz,
photo by Kathleen
Truelove*

First Monday Book Group returns

By Elsa Collins

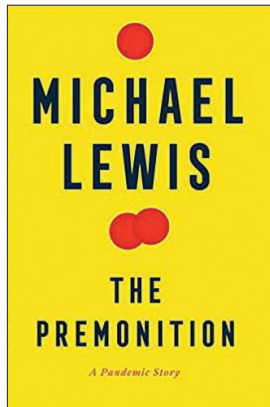
Many residents have expressed interest in reviving Broadmead's First Monday Book Group. The group met last month and is exploring several options. Currently, meetings are held the first Monday of the month, at 10:30 a.m., in the York Community Room.

The next meeting will be held on Monday, October 4, to discuss forming a sub-group

of readers interested in detective/murder mysteries/thrillers. Residents should come prepared to discuss authors and series and suggestions for how to proceed.

On Monday, November 1, residents will meet to discuss the book *Premonition* by Michael Lewis.

A list of future readings, times, and meeting spaces will be sent to the Broadmead resident email list as details become available. For more information, contact elsacollins@gmail.com.



Open Forum

Presentations on Climate Change

Dr. Sara Via

Climate Extension Specialist, UMD

Thursdays, October 21 and 28

3:30 to 5 p.m.

Zoom links will be provided

In Memoriam

Ralph Hoffmeister

January 10, 1934 – September 4, 2021

Jewish New Year celebrated



Herb Goldman explains the meaning of the shofar, a ram's horn, at Rosh Hashanah, York Common Room. Photo by Kathleen Truelove



Nadine Wobus dips an apple into Broadmead's own honey, representing sweetness in the New Year. Photo by Kathleen Truelove

What happens to Broadmead's trash and recycling?

Text and photos by Willy Sydnor



George Opfer (left) and Jesse Russell

The trash room in each cluster has several bins, each of which has a specific purpose. There are also informative posters in each room that show what material is considered recyclable and what isn't. But some residents or guests may be confused by the instructions or aren't sure what to do with their trash and recycling if the bins are full.

Jesse Russell, Facilities Director for Housekeeping and Community Services, who has been at Broadmead for 5 years, and George Opfer, a 30-year Broadmead employee, gave this reporter an insider's tour of the operations. George and Ron Gentry, who has been at Broadmead for 10 years, are familiar figures around the campus in their recycling and trash vehicles.

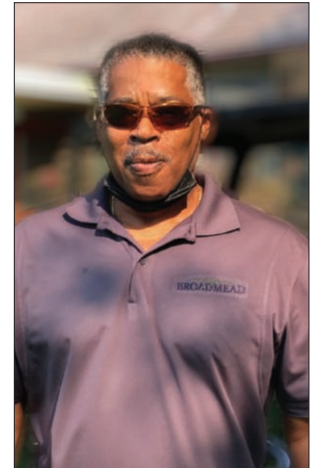
They tour the campus daily, picking up the trash and recycling from each cluster and the Hillside Homes. In addition, they make daily rounds of the Community Center, performing the same duties. When asked if they sort through the recycling when they see items that don't belong there, they replied that there isn't enough time to do so, but if they find the odd pizza box in recycling, they will toss it into the trash.

George and Ron have additional responsibilities: they deliver clean laundry to each cluster and pick up the soiled linens and towels, and deliver cots when requested for overnight visitors. Importantly, they are responsible for dealing with spills and certain hazmat cleanups.

So where does the trash and recycling go after it is picked up? There are two large

dumpsters at the end of the loading dock in back of the Community Center. Each driver has to unload the trash or recycling into the opening of the appropriate compactor, and when the opening is full, the driver turns a switch to pull the contents back into the dumpster, where the trash or recycling is compressed. When the compactors are filled, they are picked up by a contractor who takes them to the appropriate County sites.

If recycling items are too large to fit into the dumpster, or if the dumpster is filled, the items are taken to the large container behind the old maintenance shed for pickup. One more question: Why is there a separate container for paper recycling in the trash room if all the recycling goes into one dumpster? Before single stream recycling was introduced, paper was separated from glass and plastic. Those containers are still needed to handle the increased amount of recyclable materials, especially in the past year, because there are more residents at Broadmead, more residents shop on line, and there are additional food containers that the dining room can't recycle.



Ron Gentry

First Monday Book Group

Mystery/Detective Story Enthusiasts

Monday, October 4, 10:30 a.m.

York Community Room

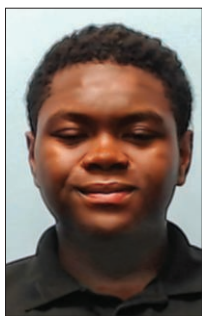
For more information,
contact Elsa Collins,
elsacollins@gmail.com

Boynton Scholarship winners announced

By Beth Wells

The Boynton Scholarship Fund, which supports post-secondary education and training for Broadmead staff, was established by two former residents and is sustained each year by the generous contributions of current residents.

This following are this fall's recipients:



Clinton Anokwute

Clinton Anokwute works in Dining Services and is earning a bachelor's degree at Towson University in biology. He plans to apply to medical schools to continue his career goal in medicine.



Mavy Atkins

Mavy Atkins works for Friends Connect as a certified nursing assistant with a CMT certification. She is pursuing a degree in nursing at the Community College of Baltimore County.



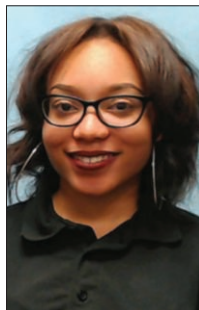
Jennifer Bain

Jennifer Bain, Senior Human Resources Manager, is working toward a bachelor's degree in human resources management at the University of Maryland Global Campus with the goal of advancing her career in human resources.

Rachel Harris works on the skilled rehabilitation and assisted living units. She is furthering her education and skills through an associate degree program in medical records management at the Ultimate Medical Academy.



Rachel Harris



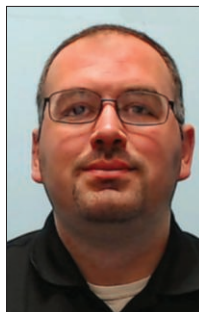
Ja'Kaiya Johnson

Ja'Kaiya Johnson works in Dining Services. She is pursuing a bachelor's degree in health science at Coppin State University with the goal of becoming a physical therapist.

Deborah McEachern works in Nursing. She is training as a surgical technician at the Community College of Baltimore County with the goal of working in a hospital surgical setting.



Deborah McEachern



Jesse Russell

Jesse Russell, Director of Housekeeping and Community Services, is pursuing a certificate in heating, ventilation, and air conditioning at the Community College of Baltimore County with

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Corner Cupboard

Groceries for same day delivery can be ordered from the Corner Cupboard Monday through Friday, 8 a.m. – 1:30 p.m. (Wednesday hours 8 – 10:00 a.m.).

Orders placed after that will be delivered the next business day.

Available items and prices are on Caremerge under Dining Services

To order, call 443-578-**8075** or email robink@broadmead.org

Boynton Scholarship *(continued from page 4)*

the goal of advancing his career in facilities management.

Awardees must have had at least a B average in their most recent academic term and must be in good standing as employees. Members of the Boynton Scholarship Council have had the privilege of meeting with each of these awardees and were inspired by their goals and achievements. The Council members are Beth Wells (chair), Joyce Gilley, Bart Houseman, and Gwen Marable.

HearHere

New Committee Members Needed

The committee addresses listening issues on campus (60% of residents have some hearing loss)

For more information, contact

Mary Ellen McMillin
maryellenmcmillin@gmail.com

New Arrivals

Paul and Corally Sleeper
September 9, Y-104
(443) 578-8530

Steven and Barbara Scheinin
September 20, J-16
(410) 371-1941

Peter Babcox and Hillary Barry
September 30, J-4
(443) 578-8336

Anne Perkins
October 13, U-302
(443) 578-8519

Explore Broadmead Arts Market, Nature News, and Archive

***Arts Showcase and Market
Nature Scrapbook and Blog***
bmeadarts.squarespace.com

BRA Archive

sites.google.com/view/broadmead-
archives/home

Tent Week October 11-15

Two Tents with Music and Food
Arts and Artisans Exhibits
BRA Activity Tables
Mini Barn Sale
Farmers Market

*And time to visit
with your neighbors*

Breakfast and Lunch Delivery

Call 443-578-**8033** the night before and leave a voicemail with specific requests, or call by 9 a.m. to ask what's available that day.

New Dietary Manager at Broadmead

Text and photo by Jackie Mintz

A recent addition to the Dining Services staff is Dietary Manager Charles Wright. Prior to coming to Broadmead, Charles was chef manager for Guest Services at Domino Sugar, where he was in charge of catering corporate events as well as preparing and serving breakfast and lunch.



Charles Wright

Charles, who arrived at Broadmead in March, comes with long and varied experience in food service. Starting at age 14 as a dishwasher in a tavern in his hometown of Hyde Park, NY, he graduated to a cook's job in eleventh grade.

Charles continued to work in the food industry and in 1987 got a job as the kitchen manager at Hurley's Bar and Grill in Albany, NY, an Irish-style eatery known for its Buffalo wings. During his seven years there, Charles became identified with the wings and acquired the sobriquet "Chicken Chuck."

Moving to New Jersey in the mid-1990s, Charles worked as a sous chef at Baron's Steak House and the Jewish Geriatric Home in Cherry Hill, and then as a chef at Kennedy Hospital in Washington Township. During that time, he obtained a certificate in dietary management and added health services to his qualifications.

After arriving in Maryland in 2013, Charles worked at two assisted living facilities in Pikesville, where he lives.

Editor's note: For an explanation of what the Dietary Department does, see the adjoining article.

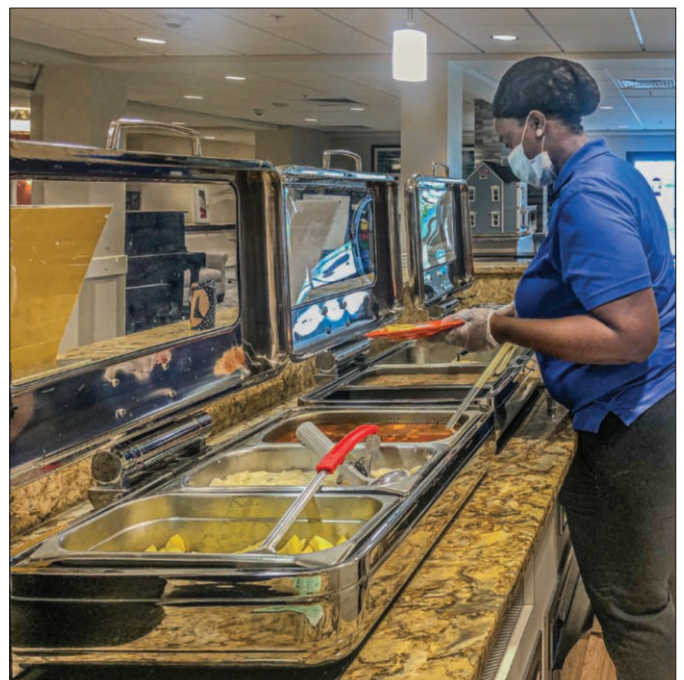
What does the Dietary Department do?

By Jackie Mintz

Charles Wright, Dietary Manager, supervises Dining Service's Dietary Department, with which many residents are unfamiliar. Its primary function is to serve three meals a day to the 52 residents in Hallowell, Taylor, and Darlington. The staff also provides special-order items such as Ensure.

As provided in the Master Plan, several kitchenette areas will be added, one of which has been completed and is functioning in Darlington. Two others will be located in Taylor and two in Hallowell. There will also be a continental breakfast setup in the new rehabilitation area of Hallowell.

Besides regular meals, on Wednesdays an omelet bar is featured, where eggs are cooked to order on a portable butane burner. Entrees and sides are prepared in the main kitchen downstairs and brought up in pans and placed on steam tables. The food is then plated, the plates placed on trays, and the trays delivered to residents' rooms. Under Charles and his team, all of this has continued to operate smoothly amid the disruptions and uncertainties caused by the extensive construction and the pandemic.



Katrina Jukes in the kitchen on Darlington

Joseph Tubman, Arbor Café and Bistro Manager

By Alice Cherbonnier, photo by Kathleen Truelove

When Joseph Tubman came on board as Broadmead's Arbor Café and Bistro Manager in April 2020, he not only had to learn a new job, he had to work with other staff to confront the many challenges of COVID-19. He was well prepared, thanks to his previous position as a manager for a food service company under contract to the Johns Hopkins Bayview Medical Center.



Joseph Tubman

In that position, he managed a staff of 400 mostly unionized hourly employees working in two 30,000-square-foot production kitchens and 12 retail food outlets. Because of a covenant not to compete, Joseph was not eligible for rehire by Hopkins when his employer's contract ended. He was considering working with his wife of 32 years, Quanita, in her Howard County-based paralegal and housing compliance businesses when a recruiter put him in touch with Broadmead.

"It's been great here," says Joseph, after 18 months on the campus. "No fifteen-hour days or sleepless nights, no phone calls in the middle of the night."

Joseph says he never planned on a career in food services. "The industry found me," he says, adding that he can cook, but has mostly been a manager.

A Baltimore native and self-described "military brat" during his childhood, he attended Baltimore Polytechnic Institute and then joined the Navy. He was inspired by his grandparents: "They encouraged me to do my best," he says, "because I was representing my family."

He is able now to spend more time with his wife and their four grown children: Keneyl, 30, a paralegal in the U.S. Navy; Quiana, 25, who operates three small businesses; and twins Lyric and Garrison, 23, who are, respectively, working in real estate investment and restaurant management.

Feeding Broadmead: The Arbor Café and Bistro

By Alice Cherbonnier

These days the question everyone asks Joseph Tubman, the Arbor Café and Bistro Manager, is "When will the Arbor Café and the Bistro be open?" To which he answers: "No one knows for sure."

There are several reasons for uncertainty about the dates the dining venues will open. In particular, there are logistical issues. In the Bistro, these include switching equipment and then gaining the necessary State of Maryland occupancy permit. In the Arbor Café, the task is to determine what indoor seating will be available, and when. In both venues, the big unknown remains the pandemic. "Openings will be based on the Governor's okay regarding COVID," says Joseph.

Though residents have had to stay out of the Broadmead Center because of COVID precautions, the Arbor Café has continued to operate in a limited way. Half of the seating area is used for staff dining, and the other half as a staging area while the Holly Terrace is expanded. As with so much that has happened at Broadmead over the past year and a half, contingency plans are always in mind. If the Arbor Café can't open for resident seating as soon as hoped, one possible scenario would be to create a carry-out area that's accessible from the new outdoor covered walkway. Residents would walk in through the new entrance between Holly Terrace and the Arbor Café. In that scenario, dinner deliveries to residents' homes would still continue.

The Bistro will offer table seating for 29 people, as well as "soft seating" in armchairs. In addition, there will be a service counter designed for those in wheelchairs, as well as a counter-height bar. On one side of the refreshment area there is a large meeting room with a gas fireplace, while on the other side there are tables for ping pong and billiards. Large-screen TVs can be used for small group entertainment (football, anyone?). The surrounding brick-paved patio will provide

(continued on page 8)

Feeding Broadmead *(continued from page 7)*

additional seating and will be re-landscaped next year, with pergolas added for shade.

The Bistro will be distinct from the other dining venues, Joseph says. It will have exclusive menu items. Although the menu is not yet set, it's certain that there will be an espresso machine. Gourmet coffees, lattes, cappuccinos, and smoothies will also be on offer. Joseph notes that he was not at Broadmead when the Bistro kitchen was designed, and he has been working to determine the optimal use of the limited workspace.

Currently, Joseph points out, in addition to ordering dinner deliveries, residents can order breakfast and lunch items for delivery by calling ext. 8033 the night before and leaving a voicemail with specific requests, or calling by 9 a.m. to ask what's available that day.

Native plants in the forest conservation area

By Marsha Howes

Native plants grow along the trails of the Broadmead forest conservation area, but are often missed by the casual observer. They are small, look like weeds, or by late spring or early summer are crowded out by invasive species or eaten by white tail deer. To discover these plants, the search must begin in late winter or early spring. The plants highlighted here represent a few of the 35 identified and photographed by the writer since early April.

Broadmead is located west of the fall line, in an area known as the Piedmont. The plants described here most likely evolved over time and adapted to local soil, rainfall, and temperature conditions. They have developed natural defenses to many insects and diseases.

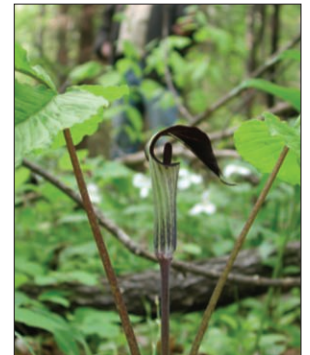


Bloodroot, photo by Capital Naturalist

One of Maryland's

most beautiful wildflowers, **bloodroot** (*Sanguinaria canadensis*), is among the earliest blooming ephemerals. (An ephemeral is a plant that grows, blooms, and becomes dormant in a short time.) Look for showy white flowers that appear in late winter and early spring. Its common name comes from its reddish orange sap, which can be made into a dye. Bloodroot seeds are spread by ants. According to the Maryland Native Plant Society, bloodroot is an increasingly scarce woodland plant.

Jack-in-the-pulpit (*Arisaema triphyllum*) is a herbaceous perennial growing from a corm. The hood of the flower is called a spathe, meaning pulpit, which contains a long stem-like growth called the spadix, referring to "Jack," where the flower's reproductive parts are found. It can reach a height of 1.5 feet and thrives in moist deciduous forests. All parts of the plant are extremely toxic to humans and animals due to its calcium oxalate content. The flowers are pollinated by gnats.



Jack-in-the-pulpit, photo by Cornell University



Cutleaf toothwort, photo by Marcia Boyle

Cutleaf toothwort (*Cardamine concatenata*) is a perennial wildflower that attracts bees, caterpillars, and other insects and is a spring ephemeral that blooms in April. Its common name comes from its tooth-shaped edible rhizomes. It is a delicate plant, 8 to 16 inches in height. Cutleaf toothworts are pollinated by early spring bumblebees and by honey, mason, cuckoo, and miner bees.

A spring-blooming herbaceous perennial, **star chickweed** (*Stellaria pubera*) is named for its showy star-shaped white flowers. It

(continued on page 9)

Native Plants *(continued from page 8)*

grows 6 to 12 inches tall. The flowers attract cuckoo, mason, halictid, and andrenid bees and various flies.

The **downy yellow violet** (*Viola pubescens*) is found in woodlands. It produces two types of flowers—open petals in the spring and permanently closed blossoms in



*Star chickweed,
photo by Marsha
Howes*



*Downy yellow violet,
photo by Native Plant
Trust*

that has white or pink flowers surrounded by a whorl of leaflets. It grows 4 to 8 inches tall, prefers a shady spot, and was nearly missed on the May 7 Trail Walk, growing near the base of a large tree. Rue anemone partners with flies and early bees to assist with cross-pollination.

summer. It is easy to overlook, especially in the summer, because it grows no taller than 8 inches. Pollinators include small sweat bees, bee flies, and clouded sulphur butterflies.

Rue anemone (*Thalictrum thalictroides*) is a spring-blooming herbaceous perennial



*Rue anemone, photo
by Marcia Boyle*

Nature Committee Meeting

Thursday, October 14, 1 p.m.
York Community Room

Religion at Broadmead

Quaker Meeting Every Sunday

10:30-11:15 a.m.

Wellness Center Exercise Room

All residents are invited

Enter only through the Community Center.
Family and friends may not attend
because of current COVID regulations.

Masks required

Broadmead Resident Email List

To join the Broadmead resident email list:
Send an email to: brabroadmead@gmail.com

To join the Broadmead Business email list:
Send an email to: joen1234@comcast.net

(Do this also if you change your email address)

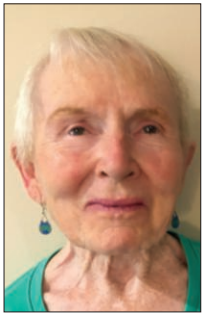
Parkinson's Reflection Group

2nd and 4th Tuesday of each month,
7:15 p.m. on Zoom
Link on Caremerge

For more information, contact
Richard Truelove, 410-206-7892

Broadmead Welcomes

Trudy Pojman, P-8, 443-578-8902
lpojman@aol.com, August 2021



Although Trudy Pojman (POY-man) has been at Broadmead for only a few weeks, she has already hiked most of the paths in the area because hiking is one of her passions. Trudy moved to Broadmead from the home she and her late husband, Louis, shared near the United States

Military Academy, where Lou was a professor of philosophy. Before West Point, the couple lived in several states, Denmark, and England.

While Lou taught, Trudy worked as a nurse and raised their two children, Ruth and Paul. Ruth lives in Vienna, Austria, where she works to help combat human trafficking. Paul, who taught philosophy at Towson University, died in 2012.

Trudy grew up on Staten Island, NY. She went to Hope College in Holland, MI, for two years and then earned a BS at the Cornell School of Nursing in New York City. She met Lou in New York, where he was then a Protestant minister. They were married from 1962 until Lou's death in 2005.

Trudy remained in their home near West Point largely because of the access to excellent hiking, located as it was at the point where the Appalachian Trail crosses the Hudson River. She also bought a home in Rodgers Forge, where she could stay when visiting Paul and her grandchildren, especially when Paul became ill.

Trudy's love of traveling has taken her, most memorably, to Iran and India. She has also traveled around the United States and to other places abroad. She belongs to the Towson Unitarian Universalist Church and has volunteered as a visiting hospice nurse. She loves to read and is interested in investigating the Broadmead book clubs.

Text and photo by Willy Sydnor

Susan Truitt, J-12, 443-578-8259
struitt@towson.edu, August 2021

At Middlebury College in Vermont, Susie Shattuck majored in geography, and then, at the University of Pennsylvania, earned a master's degree in environmental planning. If she had it to do again, she says, she would have chosen health science because she loves teaching the merits of healthy living to people and making exercise fun. She came to this conclusion when she taught movement to preschoolers at the Church of the Redeemer Day School, and also at Grace United Methodist, where she met Broadmead resident Betty Legenhausen.

That meeting led to teaching physical education to elementary school students at St. James Academy in Monkton, after which she moved to Towson University, where she taught physical education to education majors for 15 years. She then switched to a course on fitness and wellness for 10 years, which was open to all students. At the same time, she taught line dancing at Roland Park Place.

While in graduate school, Susie planned to get a job in the admissions office. Peter Truitt, like Susie, a native of Philadelphia, came into the office and found her a scholarship, so she had more time to see him instead of working.



After marrying a year and a half later, they moved to Nova Scotia, where Peter taught in the Nova Scotia College of Art and Design. In 1981, they moved to Baltimore with their two small children, Andrew and Emily. Susie lived in their house in Rodgers Forge for 40 years. Andrew now lives

in Evergreen, CO, and Emily in upstate New York near the Canadian border. There are three grandchildren.

With the advent of COVID, Susie began teaching exercise workouts for family and friends, which she continues. Her hobbies are gardening, knitting, and reading, especially historical biographies and murder mysteries.

Text and photo by Kathleen Truelove

Broadmead Welcomes *(continued)*

Eric van den Beemt, H-5, 443-797-4927
evdb@comcast.net, August 2021

Eric Beemt met Pat Trainor at the Jersey Shore in 1968. A native of Haddonfield, NJ, he was attending the University of Connecticut at the time. He later went on to earn an MBA at the Amos Tuck School at Dartmouth College and then joined IBM. He had a successful career in sales and management, eventually landing in Maryland in 1980. Rather than accept another promotion, which would have taken the family away from a house and community they had come to love, Eric joined Alex. Brown as an institutional broker in 1982. He remained there until he took early retirement in 1997 due to a series of buyouts that eliminated Alex. Brown's presence in



Baltimore.

Eric has been a lifelong volunteer. He coached youth soccer for 30 years, culminating in his team making a tour of Europe. He was also on the board of Penn-Mar Human Services for many years and served a stint at the Fire Museum of Maryland. He currently volunteers at the Baltimore North Cluster Food Bank in Parkton and is on the board of the Baltimore County Department of Recreation and Parks.

Although he drives a Tesla, Eric has a deep appreciation for cars with engines—big engines. He spent 10 years restoring a 1941 Cadillac and then another 9 years rebuilding a 1932 Lincoln Phaeton. He served as president of the Lincoln Owners Club and continues to serve as a trustee of the Lincoln Heritage Foundation.

When not at Broadmead, Eric, Pat, and their dog, Ozzie, can be found cruising the Chesapeake Bay with family and friends on their boat, which is kept in Middle River.

*Text by Christine Mitchell,
photo from Pat van den Beemt*

Pat van den Beemt, H-5, 443-797-4927
pvdb@comcast.net, August 2021

According to Pat Van den Beemt, after 14 years of Catholic education, one thing she knew how to do was to write a cohesive, coherent sentence, but it wasn't until her girls were in middle school that her skills were put to a daily test. In 1986, she accepted a job as a reporter covering northern Baltimore County for a weekly newspaper. For the next 27 years, Pat wrote up to five stories a week for *The Record Advertiser*, then *The Jeffersonian*, and finally the *North County News*. She retired in 2012, sad at missing her goal of doing a story on everyone in the Hereford Zone.



Pat tells the story of how she and Eric met. "It's been said it's unlikely you'll meet your life partner in a bar (especially a beach bar) but that is what happened to us in Avalon, New Jersey, on the Fourth of July 1968." They married in 1970 and moved to Hanover, NH, where Eric earned an MBA at Dartmouth.

For the next 10 years, they lived in Massachusetts, Minnesota, and Maryland, due to Eric's job at IBM. Tired of moving every two years, Eric left IBM in 1982 and went to work at Alex. Brown, enabling them to raise their two daughters in one place, a sprawling house in Monkton that was home for 41 years until they moved to Broadmead.

Their daughters and families both live in Maryland. There are five grandchildren.

Pat is an avid reader and has volunteered at local libraries since 1980. She also volunteers at the Baltimore North Cluster Community Clothes Closet at Pine Grove United Methodist Church in Parkton.

*Text by Christine Mitchell,
photo from Pat van den Beemt*

Moving Around Broadmead

	<i>From</i>	<i>To</i>
Phil Newcomb	G-9	Taylor 325
Richard Goody	H-7	Taylor 308

Broadmead Welcomes *(continued)*

Lydia Clement, C-13, 443-578-8208
lydiaclement14@gmail.com, May 2021



There are dog people and then there are “Dog People.” Lydia Clement belongs to the latter group. A lifelong fan of show dogs and dog shows, Lydia bred and showed dogs for over 50 years. She specialized in toy dogs, breeding and showing Cavalier King Charles Spaniels. When

that breed became more popular, she added to her repertoire the Japanese Chin, a less-well known breed.

Lydia always handled her own dogs, showing them widely on the East Coast and averaging 25 to 40 shows a year. She said it was hard to compete with the professionals, but they were always nice to her because they didn’t fear competition. She gave up this activity just a year ago because of the increasing severity of her spinal stenosis. She was also a devotee of fox hunting and often rode to hounds at the Elkridge Harford Hunt Club, where she was hunt secretary.

A native of the Philadelphia suburbs, Lydia lived in Monkton for over 40 years in a house that she and her husband, George, built in the 1960s. They met at a fox hunt club west of Pittsburgh, where George held the post of Master of Foxhounds. A subsequent job as Master of Foxhounds at Elkridge Harford Hunt Club brought them to Monkton. George died in 1981.

Lydia graduated from Garrison Forest School in Owings Mills and attended the Moore College of Art and Design in Philadelphia.

She has traveled to Europe, most often on Viking Cruises. She especially enjoyed a trip to the Netherlands with a friend who was a professional judge of dog shows.

Lydia has two children—a son, Jamie, who lives on the North Shore of Massachusetts, and a daughter, Rebecca, in Idaho. She has three granddaughters.

Text and photo by Jackie Mintz

Dana Miller, Broadmead’s massage therapist

Text and photo by Willy Sydnor

One minute Maryland State Trooper Dana Miller was helping a stranded motorist on I-795; the next she was flying across the highway into oncoming traffic, having been hit by a car. According to Dana, she had lots of angels watching over her. That and adrenaline propelled her back to her police vehicle. She drove back to headquarters, knowing that there was no Medevac available because of other accidents in the area. After she had been recuperating for several months, she was told that her time as a State Trooper was over.

Dana received physical therapy for the next two years. She found the things that helped her most were massage therapy, acupuncture, and yoga. Her massage therapist talked her into pursuing massage as her next career. It took Dana a while to actually make that move, but when she saw an ad for the Baltimore School of Massage, she enrolled.

She had classes in anatomy and physiology and then three hours of body work. After the first six months, half her time was spent working in the school’s clinic. After passing the certification exam, she got her state license and then became nationally board-certified.



Dana opened her own practice in shared office space and also went to clients’ homes. In 2012, she was offered a chance to work in the Broadmead

health care areas supported by the Bruck Fund. In addition to her work in Taylor, Hallowell, and Darlington, she does full body massage for clients in the Broadmead Spa and also sees clients in her home office. All appointments are handled through the Salon and Spa, and gift certificates are available for all services at the Salon and Spa.

Wound care specialist added to Broadmead's medical team

By Libby Champney

Broadmead welcomes Kendra M. Merine, MD, a wound care specialist, to Broadmead's medical staff. Dr. Merine practices at several long-term care facilities and can be found at Broadmead on Wednesday mornings. She earned a BS in biochemistry at Harvard University and a medical degree from Washington University in St. Louis. She then did a residency at Duke University Medical Center.



Kendra Merine, photo from LinkedIn

Dr. Merine's training was in general surgery, but she became interested in vascular surgery during her residency and now treats wounds of all types on any area of the body: pressure ulcers, trauma wounds, wounds from poor circulation, and venous insufficiency. She also treats skin conditions.

Dr. Merine is from the Eastern Shore of Maryland. Her husband, Dr. Dimitri Merine, also a physician, is a radiologist. They have two children—a daughter, Sophia, 18, who is a freshman at the University of North Carolina, Chapel Hill, and a son, Christian, 15, who attends Marriott's Ridge School in Howard County. Max, a four-year-old Puggle, completes the family.



Residents win top ribbons at State Fair

Text and photos by Jane Elkinton

Residents Jane Elkinton and Denise Love won knitting awards at the 2021 Maryland State Fair held at the Timonium Fairgrounds. Both needlewomen entered works in the Home Arts Division. Jane's first-place ribbons were for three patriotic donkeys and a hat made from recycled plastic bags. Denise's second place award was for an aqua blue polar bear; she also won ribbons for two other pieces.



Yale screenwriter to lecture on film history

By Del Sweeney

For more than a year, due to the pandemic and ongoing construction at the Center, the BRA has been unable to present movies in their usual format. To help bridge this gap, Stacey Young, Director of the Center of Excellence in Dementia Care, and Andy Switzer, Director of the Center of Excellence in Health and Wellness, have collaborated to bring a series of lectures on American film history to Broadmead. Sunday Cinema is co-sponsoring the talks.



Marc Lapadula, Photo from Yale University

University of Pennsylvania and Johns Hopkins University.

Lapadula is also a film producer. He produced “Angel Passing,” starring Hume Cronyn and Teresa Wright, which premiered at the Sundance Film Festival and won the grand prize at Worldfest Houston. Other movies he produced include “Mentor,” starring Rutger Hauer, which premiered at the Tribeca Film Festival.

Planting a meadow in the woods

Text and photo by Carolyn Murphy

After years of rocks and weeds in “the meadow,” the only sunny area at Hill House, there will now be a garden. The rocks were moved, and Grounds Manager Linnette Kanitz prepared the area. Sharon Karsk and Carolyn Murphy, Hill House residents, bought plants at Glyndon Gardens early in September and arranged them the next day. The photo shows the plants ready for installation. When Dosia and Hyko Laeyendecker came up to check out the new garden, Sharon referred to their visit as “The Dutch Inspection.”



The presenter will be Marc Lapadula, a screenwriter and Senior Lecturer in Film and Media Studies at Yale University. The lectures will be delivered via Zoom on Wednesdays at 3 p.m., on Oct. 6, Oct. 27, and Nov. 10. The first lecture, “How to Watch Movies Like a Film Professor,” was given last month. The remaining topics are: “The 5 Greatest Films in American Film History,” “Films That Changed America,” and “Great Comic Moments in Film.” The talks will include extensive film clips.

At Yale, Lapadula runs the screenwriting program. He has also taught at Columbia University’s Graduate Film School and created the screenwriting programs at both the





Photo by Erroll Hay

Who was that speeder?

By Elsa Collins

An American driving in Cairo, Egypt, on a road marked for four lanes, asked a traffic officer why cars were driving in six lanes. The officer's response was that the four-lane markings were only advisory. The words "Speed Limit" are not advisory at Broadmead.

Recently, residents have raised concerns about excessive speed on campus. Residents, visitors, contractors, and employees have all regularly exceeded the speed limits. Signs on Copper Beech Lane and the Fire Lane showing a vehicle's speed have disappeared.

Residents are reminded that 20 mph is the limit on Copper Beech Lane and 10 mph is the limit on the Fire Road. According to Joyce Malone, Vice President of Facility Services, new signs will be installed as the construction is completed.

Residents who have been admonished by walkers to slow down have reacted with such comments as "26 miles per hour is okay if going a short distance," "I have to get home before dark," or "I'm a better judge of my driving skills."

With cooler temperatures encouraging more walkers, pedestrians are urged to walk single file facing traffic, to wear bright or reflective clothing, especially at night, and not to stop to chat in the roadway. Drivers are urged to be cautious, especially on the curves and when backing onto the road from angled parking spaces.

Two talks this month on climate change

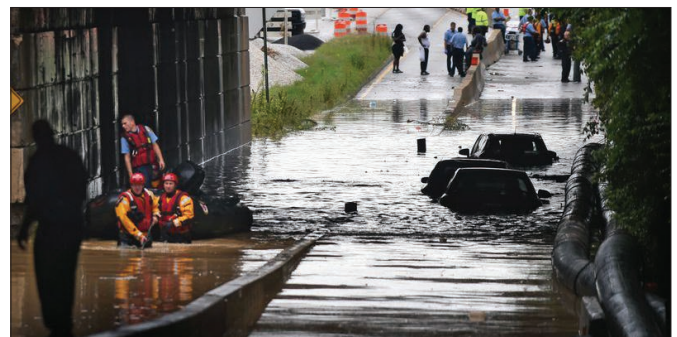
By Marsha Howes

Torrential rains and runoff, raging forest fires, melting glaciers, rising sea levels, extreme weather temperatures, drought conditions, and altered life cycles of plants and animals are some indicators of global climate change. We read about its many effects every day and see dramatic pictures on television.



Annapolis, photo by MDE

The Open Forum Committee invites Broadmead residents to a two-part presentation, on climate change, via Zoom on October 21 and 28, 3:30–5 p.m. The speaker will be Dr. Sara Via, Professor of Biology and Entomology and Climate Extension Specialist at the University of Maryland, College Park. She studies the effects of climate change on agriculture, home gardening, biodiversity, and human health. She is widely published and has received numerous awards for her work as an educator and research scientist.



North Point Blvd., 2017, photo by Baltimore Sun

The October 21 presentation, "Climate Change Already in Your Neighborhood," will focus on the science of climate change. On October 28, the subject is "What Can Individuals Do to Help Curb Climate Change?"

Terra the chatterbox

Text and photos by Jackie Mintz

The first thing one notices about Terra, the cat that lives with John and Hazel Griffith, is her meow. Deeper than in many cats, it is Siamese-like. It is also nonstop. Whatever she does—eye a stranger, approach a stranger, walk away from the stranger, rub the legs of a sofa, take over an armchair, abandon the armchair—she does accompanied by



a full-throated commentary.

Although not Siamese, there appears to be some in her ancestry. In addition to the meow, she has the signature piercing blue eyes, probably nearsighted, and the white and “greige” fur, which leaves white hair on all of Hazel’s black outfits. Rescued from Defenders of Animal Rights, Terra joined the Griffith family two years ago, a year before John and Hazel moved to Broadmead. She likes to play with yarn but is generally a placid cat.

Voice of the Residents

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